

## Vasa Freestyle

Timber Ridge Resort, Traverse City, MI Saturday, February 10 9 A.M. Wave starts. See website for times 51K/28K/11K/6K Skate 2 laps for 51K, 1 lap for 28K/11K/6K VASA.org

Forecast/Conditions: Overnight low of 7F with temperature at start of 11. Expect 1-2 inches of new snow in the previous 24 hours. Conditions should be hard packed powder.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 4 layers of Nordic GripWax Blue, corking between layers.

**Structure:** A fine linear grind covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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