

WAX RECOMMENDATION



Lake Placid NorAm Cup Biathlon

Mt. Van Hoevenberg, Lake Placid, NY

Saturday, February 17

10 A.M.

Sprint

<https://www.skireg.com/north-american-cup>

Forecast/Conditions: Overnight low zero F, temperature at start 13. Icy base covered with a thin layer frozen granular snow, cloudy with no precipitation.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Duncan Douglas, Toko Tech Team, douglas6xc@gmail.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service