

WAX RECOMMENDATION



Alaska Ski for Women

Kincaid Park, Anchorage, AK

Sunday, February 4

10:30 A.M. Timed waves starting

See website for your wave start

4K Classic or Skate

www.anchoragenordicski.com/events/alaska-ski-for-women/

Forecast/Conditions: Saturday night mostly clear. Low 5F to 15F. High 15 to 25. The course should be in excellent shape.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 thin layers of Nordic GripWax Blue, corking between layers. GripWax event service provided by Toko next to the scoreboard starting at 9 A.M.

Structure: A universal structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.