WAX RECOMMENDATION TOKO®

Minnesota State HS League Section 6

Theo Wirth Park in Minneapolis, MN
Monday, February 5
10 A.M Girls, 11 A.M. Boys, Skate 5K
1:30 P.M. Girls, 2:30 P.M. Boys, Classic 5K
Pursuit

Forecast/Conditions: Overnight low of -2F rising to 8F for the A.M. races and 15 for the P.M. races. Mostly sunny with a slight wind. Any new snow will be mixed in with the existing manmade/transformed natural snow, packed and will present a solid skating surface. Classic tracks should be firm but expect deterioration in curves and uphills from the skate races. Expanded HS wax rules apply.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply a cushion layer of Nordic GripWax Yellow before covering with additional layers of GripWax Blue, corking between layers. The most experienced skiers may wish to substitute GripWax XCold for Blue.

Structure: A universal structure covered by one pass with the Red Structurite tool followed by one pass of the Blue Structurite tool (before JetStream application) will best suit these conditions.

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Racing - Service

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.