

WAX RECOMMENDATION



Hayward Lions Pre-Birkie

Birkie Trails, Hayward, WI

Saturday, February 10

9:30 A.M. 42K/26K, Classic

10 A.M. 42K/26K, Skate

Mass starts

<http://haywardlions.com/pre-birkie/>

Forecast/Conditions: Overnight low will be well below zero!! Temperature will warm to be around zero F by race start, hopefully with some sun! With ample snow, expect a well-groomed firm track with slower squeaky snow.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue, corking between layers. Cover with a thin layer of GripWax X-Cold for a little more speed.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Ben Lund and John Bauer, Toko Tech Team members since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service