

National Guard Biathlon Relay

At Soldier Hollow near Midway, Utah Wednesday February 28, 2018 Start at 10:00AM Mass start for first leg Men: 4 x 7.5km, Women: 4 x 6km More Info: http://utahbiathlon.com/CNGB18.html

Forecast/Conditions: Overnight low of 12F. Temperature at start about 30F and partly cloudy. The course will be mostly on man-made snow.

<u>Glidewax</u>: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

<u>Structure</u>: A universal structure covered by one pass with the Red Structurite tool followed by one pass with the Blue bit (before JetStream application) will best suit these conditions. **Servic ICING**

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at <u>TokoUS.com</u>.