

WAX RECOMMENDATION



Junior Muffin Pursuit Race

Cross Country Ski Headquarters, Roscommon, MI

Sunday, February 25

10:30 A.M

Skiathlon, 4K Classic and 4K Skate

Mass start on 2K loop of manmade snow

http://nordicskiracer.com/muffin_race

Forecast/Conditions: Overnight low of 33 with a mix of rain and snow. Expect temperature at start of 37 with mostly sunny skies. Conditions should be hard transformed snow.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. No top coats for this race.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 4 layers of Nordic GripWax Yellow, corking between layers. For a little more speed, finish with a thin layer of Nordic GripWax Red, cork lightly.

Structure: A universal grind covered by one pass with the Red Structurite tool before JetStream application will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service