

Mt. Ashwabay Summit Ski Race

Mt. Ashwabay, Bayfield, WI Saturday, February 3 9:30 A.M. Youth 3.5K; 10:15 A.M. High School 7K 11 A.M. Adult Pursuit, 10K Skate and 11K Classic All mass start

http://ashwabaysummitskirace.com

Forecast/Conditions: Overnight low 1F, temperature at start will be 7F. Some new snow with mostly cloudy skies. Expect icy, transformed snow mixed with fresh cold snow. Light snow will be falling during the race.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 of Nordic GripWax Blue, corking between layers. For extra speed, finish with 1-2 thin layers of GripWax X-Cold, cork smooth.

Structure: A fine linear grind will best suit these conditions with no additional structure.

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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