

WAX RECOMMENDATION



Frisco Gold Rush

Frisco Nordic Center, Frisco, CO

Saturday, February 3

9 A.M. Start. See website for details

20K/10K/5K, Skate and Classic

Mass Start by technique

4 laps for 20K distance

www.townoffrisco.com/play/46th-annual-frisco-gold-rush/

Forecast/Conditions: Overnight low and race start temperature in the mid-20s. A 60 percent chance of snow before and during the race with less than 1 inch expected.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue/HF Red mixed 1:1, scrape and brush. Finish by crayoning on JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-5 layers of Nordic GripWax Red, corking between layers.

Structure: A fine universal structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service