

# WAX RECOMMENDATION



## Cheri Walsh Memorial

Holderness School, Holderness, NH

Sunday, February 11

10 A.M. U16 Boys 5K Classic, Interval start

10:30 A.M. U16 Girls 5K

11 A.M. Women 10K

11:45 A.M. Men 15K

One, two, or three 5K laps

Forecast/Conditions: Saturday night low of 33 rising to 37 during the day Sunday. Rain showers.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. Finish by spraying an even layer of HelX 2.0 Yellow, let dry and ski. Do not brush or polish.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, smooth, let cool. Then apply Nordic Klister Yellow.

Structure: A wet structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).

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