

# WAX RECOMMENDATION



## Big Island and Back

Excelsior Beach, Excelsior, MN

Saturday, February 3

2 P.M.

10K, Classic and Skate

<http://www.bigislandandback.com>

Forecast/Conditions: Saturday morning low of 6F rising to 14 by the start. A 60 percent chance of a small accumulation of snow on Saturday morning. Slight wind from the north, mostly cloudy sky. The course is on Minnetonka Lake, out and around Big Island and back.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers. Better classic skiers may wish to use Nordic GripWax XCold in place of Blue.

Structure: A stiff ski with a fine grind covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service