WAX RECOMMENDATION TOK®

Alley Loop First Street, Crested Butte, CO Saturday, February 3 9 A.M. Start. See website for more detail 42K/21K/10K, 3K and 1K, Skate and Classic Mass Start by technique and distance 3 laps for 42K distance https://cbnordic.org/alley-loop-nordic-marathon/

<u>Forecast/Conditions</u>: Overnight low of 20. Low 20s temperature at start. A 40 percent chance of snow Friday evening, less than 1 inch expected. Expect dirty granular snow in town with colder old snow above town. Select stiff skis with a fine structure and do not skip the LF Blue base layer.

<u>Glidewax</u>: Apply LF Blue, scrape and brush, then apply HF Blue/HF Red mixed 1:1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

<u>Gripwax</u>: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-5 layers of Nordic GripWax Red, (depending on distance), cover with a very thin layer of GripWax Blue, corking between layers. Servic ACING

<u>Structure</u> A fine universal structure will best suit these conditions.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at <u>TokoUS.com</u>.