

# WAX RECOMMENDATION



## Winthrop Ski Derby

Chickadee Trailhead, Winthrop, WA

Saturday, February 3

9 A.M.

30K/15K, Classic

Mass start by distance

Separate courses containing common loops

<http://www.methowvalleynordic.com>

**Forecast/Conditions:** Friday high reaching 38 with rain/snow likely. Friday night low of 30 with less chance of precipitation. A 20 percent chance of rain/snow falling during event with temperature around 34 at the start. Expect firm tracks with good snow coverage.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper. Iron in Nordic Base Wax Green, cork smooth, let cool. Then apply either GripWax Yellow or Nordic Klister Red covered with GripWax Yellow at the venue based on moisture type falling or not. The 15K course will most likely be klister and the upper portion of the 30K will be covered klister. If using skin skis, see our [skin treatment options](#) for best results.

**Structure:** A universal structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. [Dave@TokoUS.com](mailto:Dave@TokoUS.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

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