

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Sisu Ski Fest

ABR Trails, Ironwood, MI

Saturday, January 6

8:50 A.M. 31K, 10 A.M. 15K

Skate and Classic, Wave start

31K is point to point, 15K is loop

Please check website for updates due to weather

<http://www.sisuskifest.com>

**Forecast/Conditions:** Overnight low -12F with a 40 percent chance of snow. Temperature at 8:50 A.M. start will be -3F, expect a deep base of lake effect snow. 10 A.M. race start temperature will rise to be -2F.

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Apply multiple layers of GripWax X-Cold as needed. Those wanting more kick substitute Nordic GripWax Blue for the X-Cold.

**Structure:** A fine linear grind with no additional hand structure would be best for these conditions.

**Racing - Service**

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).