

WAX RECOMMENDATION



Vail Nordic Citizen's Race

Vail Nordic Center, Vail, CO

Saturday, January 20

Noon

5K Skate

Mass start

5K loop

www.vailrec.com/sports-activities/vail-race/vail-grail/vail-nordic-race

Forecast/Conditions: Overnight low of 23, temperature at start warming to mid-30s by noon. A 30 percent change of snow Saturday morning. Snow/Air temperature will be lower than forecasted. Expect firm fast tracks unless it snows heavily.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1:1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.