

WAX RECOMMENDATION



Rochester Classic, JNQ

Bristol Mtn. Nordic Center, Canandaigua, NY

Sunday, January 28

9 A.M.

5K all Women, and U16 Men and Women; 10K all U18 and older Men

1.1K loop, Classic

<https://www.skireg.com/rxcsf-classic-jnq>

Forecast/Conditions: Overnight low 39, with rain over night. Temperature at start 36, cloudy with a 28 percent chance of rain during race. Manmade, machine groomed surface.

Glidewax: Apply HF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, heat in Nordic Klister Base Green (in klister zone), smooth, let cool. Then cover with a layer of Klister Yellow, smooth, let cool.

Structure: A wet grind covered by one pass with the Yellow Structurite tool before JetStream application will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.