

# WAX RECOMMENDATION



## Birkie Tour - Updated!

Birkie Trailhead, Cable, WI

Sunday, January 14

9 A.M. to 10 A.M., Start at your leisure!!

47K/27K/16K, Skate or Classic

<http://www.birkie.com/ski/events/birkie-tour/>

**Forecast/Conditions:** Some late week fresh snow will become dry and sharp with rapidly falling temperatures. Expect a firm track with tour time temperatures in the single digits F.

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** The track will be a mix of old transformed, icy snow with some fresh cold powder mixed in. Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of multiple thick layers of Base Wax Green, corking between each layer. Stay short, not beyond klister zone. Finish by covering with two very thin layers of GripWax X-cold, corking lightly.

<https://tokous.com/video-base-green-trick-cross-country/>

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Ben Lund and John Bauer, Toko Tech Team members since 1999.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service