

WAX RECOMMENDATION



NENSA Eastern Cup Weekend #2 - Updated!

Rikert Nordic Center, Ripton, VT

Saturday, January 13

10 A.M. Qualifiers, 12:30 P.M. Heats

1.5K, Classic sprint

Interval start, 1 Lap

frostmountainnordic.org/event/easterncup-weekend-2/

Forecast/Conditions: Friday overnight low in the mid-teens with a 100 percent chance of freezing rain and sleet changing to sleet then snow by start time. Snow temperature at start in the high teens cooling to low teens for Heats. Wet frozen snow, PistenBully groomed trail.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Blue mixed 1:1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply a thin layer of Nordic Klister Red and Klister Blue mix, let cool, and then cover with a layer of Nordic GripWax Blue, lightly cork smooth.

Structure: A universal structure covered by one pass with the Red Structurite tool after JetStream application will best suit these conditions.

Racing - Service

Created by Dave Boucher, Toko Tech Team member since 2000.

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.