

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## **Mesabi East Invitational Classic - Updated!**

Giants Ridge Golf and Ski Resort, Biwabik, MN

Saturday, January 6

10 A.M. Boys, 10:38 A.M. Girls

5K Classic

Interval start (Paired 30-second)

Start lists and results:

<http://www.superiortiming.com>

Forecast/Conditions: Friday Night mostly clear, with a low around -23F. North wind around 5 mph becoming calm. Saturday partly sunny, with light south wind increasing to 5 to 10 mph in the morning. Race time temperature -4F.

Glidewax: Apply NF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush very well. This is an NF-only race.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax X-Cold, corking between layers.

Structure: A fine structure with no additional hand structure will best suit these conditions.

**Racing - Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).