

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Loppet High School Invite

Theo Wirth Park, Minneapolis, MN

Saturday, January 6

11 A.M. Sprint Relay Heats start

12:30 P.M. 5K Classic, Wave start

1 P.M. 5K Skate, Waves start

1:30 P.M. Sprint Finals

All races run on the manmade course.

<http://www.loppet.org/lnr-events/loppet-invite/>

**Forecast/Conditions:** Overnight low of -12F, rising to the range of 2F-10F throughout the races. There will be a slight wind from the south driving wind chills to -10F. Snow will be cold and aggressive. This is a no fluoro race.

**Glidewax:** Apply NF Blue, scrape and brush. Apply a second layer of NF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. After skiers warm-up, brush out the ski trailside using a horsehair brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several additional layers of Base Wax Green, each layer shorter than the previous layer (think pyramid), corking between layers. If draggy, consider topping with a thin cover of GripWax Blue, corked lightly.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after final brushing on the bench will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**