

# WAX RECOMMENDATION

## IMD Junior National Qualifier - Update 2!

Rendezvous Ski Trails, West Yellowstone, MT

Saturday, January 13

10 A.M., Interval start

10K/5K, Classic

5K lap

<http://www.skirunbikemt.com/jnq.html>

Forecast/Conditions: Overnight mostly cloudy with low around 22. Saturday partly sunny with temperature at start around 25. Expect packed powder snow conditions.

Glidewax: U16 & older, apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. U14 & under, apply NF Blue, scrape and brush.

IMD-RMSA Waxing Rules: U16 & older, use of pure Fluoro in Bloc, Powder or Liquid form prohibited for Classic ski glide zones. U14 & Under, only NF (non-fluoro) glide waxes are permitted in glide zone. LF, HF and pure Fluoro waxes prohibited.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several thin layers of Nordic GripWax Red, corking between layers. If snow is fairly dry, a couple of thin layers of GripWax Red covered with a couple of thin layers of GripWax Blue may be very effective.

Structure: A universal structure covered by one pass with the Blue Structurite tool (after brushing out the final wax layer) will best suit these conditions. Additional structure might be needed if tracks glaze.

Created by Eric Mittelsteadt, Toko Tech Team member since 1999. ericm@TokoUS.com

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).

Racing Service ■