## WAX RECOMMENDATION TO KO

## Glacier Glide & Pursuit Race

Glacier Nordic Center, Whitefish, MT Sunday, January 7 9 A.M. 10K Classic 11 A.M. 15K Skate Pursuit www.glaciernordicclub.com

Forecast/Conditions: Overnight a chance of snow, cloudy with low around 26. Sunday a chance of snow with temperature at race times in upper 20s.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers. If tracks are transformed/glazed and no fresh snow, a base of Nordic Base Klister Green covered with Nordic GripWax Red may work very well. Let the Base Klister harden and then gently crayon on the GripWax Red and smooth with light corking to cover the Base Klister. For glazed track with some fresh snow, apply one thin layer of Nordic GripWax Yellow followed by 2 layers of Nordic GripWax Red.

**Structure:** A universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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