

WAX RECOMMENDATION **TOKO**[®]

Biathlon Cup #2 - Mass Start

Rendezvous Biathlon Range, West Yellowstone, MT

Sunday, January 7

11 A.M. Race start

15K/12.5K/10K

Mass start

<http://www.skirunbikemt.com>

Forecast/Conditions: Overnight a 50 percent chance of snow with low around 11. Sunday a slight chance of snow with temperature at start near 18.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. For U14 and under, use either LF Blue or NF Blue as the glide wax. LF Blue is harder than NF Blue and would be a better option. X-Cold Powder can also be mixed with NF Blue to harden up the base. This is an excellent option. See the "How To" video at www.tokous.com for the [application method for X-Cold Powder](#).

Gripwax: n/a

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Eric Mittelsteadt, Toko Tech Team member since 1999. ericm@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service