

WAX RECOMMENDATION



Methow Valley Nordic Festival & Pursuit

Mazama Community Center, Mazama, WA

Saturday, January 20

9:30 A.M.

30K Pursuit or 10K untimed, Freestyle technique

Mass start

Mazama to Winthrop

<http://www.methowtrails.org>

Forecast/Conditions: Some new snowfall predicted to arrive daily between Tuesday and race day. Race course will be groomed by PistenBully, but will include five hand shoveled road crossings that could include some dirt. Friday night low of 22 with a 40 percent chance of snow during event. Temperature at the finish in Winthrop predicted to be close to 30.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

Structure: A fine linier structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.