

# WAX RECOMMENDATION



## Gitchi Gami Games Classic

American Birkebeiner Trailhead, Cable, WI

Saturday, January 20

9 A.M. 5K FU16/FU18/FU20/FSR/FMA/Open

10 A.M. 5K MU16

11 A.M. 10K MU18/MU20/MSR/MMA/Open

Classic, Interval start

[www.birkie.com/ski/events/gitchi-gami-games/](http://www.birkie.com/ski/events/gitchi-gami-games/)

**Forecast/Conditions:** Friday night mostly cloudy with a low around 25. Southwest wind around 5 mph. Saturday partly sunny, with race time temperature 26-33F. Expect packed and machine worked conditions with semi-solid tracks.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Red (5K) or HF Yellow (10K), scrape and brush. Pure fluorocarbons are not permitted for classic races per CXC Junior Cup rules.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating 2-3 layers of Nordic GripWax Red and Base Wax Green, corking between layers. Starts after 11 A.M. should consider GripWax Yellow. If using skin skis, see our [skin treatment options](#) for best results.

**Structure:** A universal grind covered by one pass with the Red Structurite tool will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service