

WAX RECOMMENDATION



Spoooner Holiday Dash

Spoooner City Trails, Spoooner, WI

Friday, December 29

10:35 A.M. 6.5K HS Girls, 10:45 A.M. 6.5K HS Boys

11:30 A.M. 3.5K MS Boys and Girls

Skate

<http://www.railsontrails.org/events/spoooner-holiday-dash/>

Forecast/Conditions: A couple inches of snow expected on Thursday over a firm track will make for cold and abrasive conditions. Thursday night's low is expected around -7F, with race time temperature Friday morning around -2F or -3F rising to around zero F for the MS races.

Glidewax: Apply LF Blue, scrape and brush, then apply LF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush.

Gripwax: N/A

Structure: A fine linear grind covered by one pass with the Blue Structurite tool will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service