

WAX RECOMMENDATION



Double Pole Derby Invite

American Birkebeiner Trailhead, Cable, WI

Saturday, December 30

Noon MS Girls and Boys Classic 3.8K, HS 6.5K

1:30 P.M. Mass Start Freestyle College/ Citizen

All mass start

<http://www.birkie.com/ski/events/double-pole-derby/>

Forecast/Conditions: Friday night expect a low around -13F. Race time temperature of -3F with a slight wind. Fresh fallen snow from Thursday will make snow abrasive.

Glidewax: Apply LF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Apply 3 thin layers of Nordic GripWax X-Cold as needed, cork smooth.

Structure: A fine structure covered by one pass with the Blue Structurite tool will best suit these conditions.

Racing - Service

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.