

WAX RECOMMENDATION



Royal Gorge 10K Classic

Royal Gorge XC, Soda Springs, CA

Saturday, March 18

10 A.M.

10K/5K, Diagonal stride only

Mass start

1-2 loops

<http://www.royalgorge.com>

Forecast/Conditions: Overnight low 35, temperature at start 41 with high of 45. Transformed snow that is getting dirty. Cloudy, with a 60 percent chance of rain. Windy.

Glidewax: Apply LF Black, scrape and brush, then apply HF Black/HF Yellow mixed 1/1, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cork smooth, let cool. Then apply 1 thin layer of Nordic Klister Red/Yellow mixed 1:1. Let cool before skiing.

Structure: A fine linear structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service