

# WAX RECOMMENDATION

# TOKO<sup>®</sup>

## New England Club Relay Championship

Craftsbury Nordic Center, Craftsbury, VT

Saturday, March 25

10A.M. Men and Women

4 x 5K Relay, two Classic then two Skate legs

Mass start

5K loop

[www.mansfieldnordic.org](http://www.mansfieldnordic.org)

**Forecast/Conditions:** Friday overnight low in the low 30s with a 70 percent chance of snow/rain. Temperature at start in the mid-30s, cloudy. PistenBully groomed mix of manmade and natural snow. The track is mostly in the woods.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Yellow, corking between layers.

**Structure:** A universal grind followed with one pass with the Yellow Structurite tool (after JetStream application) will best suit these conditions.

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](http://TokoUS.com) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

# Racing - Service