

# WAX RECOMMENDATION



## Eastern HS Champs - Relay

Mountain Top Resort, Chittenden VT

Sunday, March 19

10 A.M. Mixed Relay

Girl/Boy 2.5K Classic legs then Girl/Boy 2.5K Skate legs

Mass start

2.5K loop

Forecast/Conditions: Low of 19 overnight Saturday. Temperature rising to 23 by the start of the race. Partly cloudy after fresh snow overnight.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, iron, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers.

Structure: A universal structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Created by Rob Bradlee, Toko Tech Team member since 2000.

Check the [WaxTips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).