

# WAX RECOMMENDATION



## Craftsbury Spring Fling

Craftsbury Nordic Center, Craftsbury, VT

Sunday, March 26

9 A.M. Men and Women

30K/15K Skate

Mass start

15K loop

[www.craftsbury.com](http://www.craftsbury.com)

**Forecast/Conditions:** Saturday overnight in the high teens, cloudy. Snow temperature at start in the low 20s. A 50 percent chance of snow. PistenBully groomed mix of manmade and natural snow. The track is about 70 percent in the woods.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** N/A

**Structure:** A fine linear grind followed with one pass with the Red Structurite tool (after JetStream application) will best suit these conditions.

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](http://TokoUS.com) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**