

Washington Biathlon Association Race 7

Stevens Pass Nordic Center, WA Saturday, March 11 10:30 A.M. Zeroing, 11:30 A.M. Race 7.5K Women, 10K Men Sprint Format http://www.wabiathlon.org

Forecast/Conditions: Overnight low of 25 rising to around 34 at race time. A 65 percent chance of wet snow falling during event with a high of 36 for the day.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

Structure: A medium linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions

Created by David Ford, Toko Tech Team member since 2003.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.