

# WAX RECOMMENDATION



## Biathlon Cup #3 Mass Start

Rendezvous Ski Trails, West Yellowstone, MT

Sunday, February 26

11 A.M. start

15K, 12.5K, 10K, 7K and 4.5K; Freestyle technique

Mass start

<http://skirunbikemt.com>

**Forecast/Conditions:** Overnight cloudy with a 40 percent chance of snow and low of 6F. Temperature at start around 13. Expect packed powder trail conditions

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. For youth skiers U14 and under, use NF Blue or NF Blue mixed with X-Cold Powder (the X-Cold Powder will make the wax harder which runs very well in colder snow.

**Gripwax:** n/a

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Eric Mittelsteadt, Toko Tech Team member since 1999. [ericm@TokoUS.com](mailto:ericm@TokoUS.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

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