

WAX RECOMMENDATION



Great Lakes Super Bowl JNQ #6

Al Quaal Recreation Area, Ishpeming, MI

Sunday, February 5

10 A.M. U18/20 Women 10K

11 A.M. U18/U20 Men 10K

Noon U16 Girls 5K, 12:30 P.M. U16 Boys 5K

Mass start all categories

<http://www.superiortiming.com/registration>

Forecast/Conditions: Saturday night snow, mainly before 1 A.M. Low around 16. Sunday a 40 percent chance of snow showers. Mostly cloudy, with race temperature 20-23. Expect machine worked and packed powder.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Red, corking between layers.

Structure: A fine linear structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Created by Michael Young, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service