

WAX RECOMMENDATION



Wisconsin Nordic Ski League Championship

Birkie Trailhead, Cable, WI

Sunday, February 12

9:30 A.M. Girls HS, 10:30 A.M. Boys HS

11:30 A.M. Girls MS, 12:15 P.M. Boys MS

5K/2.5K Classic, Pursuit start

HS 2 laps and MS 1 lap

Forecast/Conditions: Saturday night a 40 percent chance of snow, mainly after midnight, with a low around 20. Sunday a slight chance of snow before noon, decreasing cloud cover and temperature 28-32 during races. Expect machine worked new snow and glazed tracks.

Glidewax: Apply LF Blue/LF Black mixed 1/1, scrape and brush, then apply HF Blue/HF Yellow mixed 1/1, scrape and brush. Finish by spraying an even layer of HelX 2.0 Yellow, let dry and ski. Do not brush or polish.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 1 layer of Nordic GripWax Red. Then apply 1 layer of GripWax Yellow mixed with GripWax Red in the klister/warm hardwax pocket. Finish with 1 layer of GripWax Yellow underfoot.

Structure: A universal grind covered by one pass with the Red Structurite tool before JetStream application will best suit these conditions.

Created by Michael Young, Toko Tech Team member since 2005.

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service