

WAX RECOMMENDATION



MSHSL Section 8

Maplelag Resort, Callaway, MN

Tuesday, February 7

10 A.M. Boys, 11 A.M. Girls, Skate

1:30 P.M. Boys, 2:30 P.M. Girls, Classic

5K Skate Interval start, 5K Classic Pursuit start

Forecast/Conditions: Temperature will begin falling Monday evening and drop to 8F for the skate race, and continue to fall to 6F for the classic race. There is a 60 percent chance of snow from midnight to 5 A.M., rising to 80 percent until noon, and dropping to 40 percent for the Classic race. The wind will be from the north gusting 20-30 mph. Expect a firm, well-prepared racing surface covered with some new snow.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A universal structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).

Racing - Service