

WAX RECOMMENDATION



Ogden Nordic Championship

Weber County North Fork Park, Liberty, UT

Saturday, February 18

10 A.M.

10K/5K for both Skate and Classic

www.ogdennordic.com/about-us/news/raceupdate

Forecast/Conditions: Overnight low around 32, temperature at start in upper 30s with possible rain/snow mix. The snow will be old and mostly transformed.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Yellow mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply Nordic Klister Red, smooth with your thumb and let it cool. If there is new powdery snow, cover the klister with a thin layer of Nordic Gripwax Blue, being careful not to mix them together.

Structure: A universal grind covered by one pass with the Red Structurite tool followed by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.