

WAX RECOMMENDATION



NH Coaches Series Race 1

Gunstock Nordic Ski Trails, Gilford, NH

Saturday, February 4

10 A.M.

5K Classic

Waves of 10 every minute

<http://www.nhnordiccoaches.org/nh-series/>

Forecast/Conditions: Friday overnight low 11, temperature at start 18. PistenBully groomed mix of manmade and new snow.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Red, corking between layers.

Structure: . A fine linear structure covered by one pass with the Blue Structurite tool (after JetStream application) will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service