

WAX RECOMMENDATION



Minnesota High School Championship

Giants Ridge, Biwabik, MN

Thursday, February 16

10 A.M Boys, 11:15 A.M. Girls Skate, Interval start

2 P.M. Boys, 3 P.M. Girls, Classic, Pursuit start

Both races are 5K

Forecast/Conditions: Overnight low of 8F rising to 22-25 for the Classic race and 31 for the Skate race. Partly sunny with slight wind from the south. Expect an excellent racing platform of transformed snow.

Glidewax: For Classic, apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. For Skate, substitute HF Yellow and JetStream Yellow for Red.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Yellow, corking between layers.

Structure: For Classic, a universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions. For Skate, follow the Red with a single pass of the Blue Structurite tool.

Created by Gerald Slater, Toko Tech Team member since 2007. jerry@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service