

# WAX RECOMMENDATION



## HinderBinder

Camp Forest Springs, Westboro, WI

Saturday, February 18

10 A.M. 23K Classic

10:15 A.M. 23K Freestyle

10:20 A.M. 8.2K High School

10:25 A.M. 4.4K Middle School

[www.skiriblake.com/events/hinderbinder/hinderbinder.htm](http://www.skiriblake.com/events/hinderbinder/hinderbinder.htm)

**Forecast/Conditions:** Friday's afternoon high is expected around 44 with mostly sunny skies. Friday night's low is expected around 29. Race time temperatures are expected in the low to mid-40s with mostly sunny skies. Most of the course is in the woods, so it will be less affected by the sun.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Black/HF Yellow mixed 1:1, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, heat in Nordic Base Klister Green, smooth, let cool. Then heat in a smooth layer of Nordic Klister Yellow, smooth, let cool. If using skin skis, see our [skin treatment options](#) for best results.

**Structure:** A universal grind covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service