

WAX RECOMMENDATION



Alley Loop Marathon - Updated!

Second Street and Elk Ave., Crested Butte, CO

Saturday, February 4

9 A.M. 42K Classic, 9:05 A.M. 21K Classic

9:20 A.M. 42K Skate, 9:25 A.M. 21K Skate

9:30 A.M. 10K, 9:40 5K, Freestyle

Mass Start. Loops depending on distance

<https://cbnordic.org/alley-loop-nordic-marathon/>

Forecast/Conditions: Overnight low 20, 9 A.M. temperature 22 rising to 30 by noon. Cloudy with a 30 percent chance of light snow during race.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 alternating layers of Nordic GripWax Red and GripWax Blue, and corking between layers. Finish with a layer of Blue. For 42K, add 2-3 extra layers of kick wax depending on your technique and/or ski flex.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Murray Banks, Toko Tech Team member since 2010.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service