

# WAX RECOMMENDATION



## Michigan High School Championships

VASA Trail Head, Traverse City, MI

Friday, February 17

3 P.M.

5.4K Classic

Interval start

[NordicSkiRacer.com](http://NordicSkiRacer.com)

**Forecast/Conditions:** Overnight low of 19 at 6 A.M. rising to 41 at start of race. Expect partly sunny skies with little chance of precipitation.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by polishing with a thermopad. No pure fluoro top coats (JetStream, HelX) allowed.

**Gripwax:** Roughen base with 150 grit sandpaper, heat in Nordic Base Klister Green, smooth, let cool. Then heat in a smooth layer of Nordic Klister Yellow, smooth, let cool. If using skin skis, see our [skin treatment options](#) for best results.

**Structure:** A Universal structure covered by one pass with the Yellow Structurite tool will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service