

WAX RECOMMENDATION



Tour of the Methow

Methow Valley-wide ski, Winthrop, WA

Saturday, February 18

All day event

10K to 80K non-timed community event

Details at <http://www.methowtrails.org>

Forecast/Conditions: A very wet snowpack exists from earlier in the week. Overnight low of 22. Transformed snow with the possibility of some snow Friday night and a 60 percent chance of more during Saturday's ski. Saturday high (as of Thursday A.M.) around 35.

Glidewax: Apply HF Black, scrape and brush, then apply HF Red/HF Yellow mixed 1/1, scrape and brush. Using a wax containing some fluorine will be far superior to non fluorinated glide wax in these conditions.

Gripwax: Best Grip for 80K = start at 6 A.M. and finish early. Kick may be achieved by the following. Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be Red or maybe GripWax Yellow for later starters on Cub Creek to Mazama. The valley floor appears to be Nordic Klister Yellow over Nordic Base Klister Green from at least late morning on. Switching skis to skate, mechanical grip or covered klister could be a consideration especially if the wet snow materializes. If using skin skis, see our [skin treatment options](#) for best results.

Structure: A universal to warm structure covered by one pass with the Red Structurite tool will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service