

WAX RECOMMENDATION



Quarry Road Eastern Cup

Quarry Road Trails, Waterville, ME

Sunday, January 15

9:30 A.M. U16 Boys, 10 A.M. U16 Girls

11 A.M. Women, 12:30 P.M. Men

Classic mass start. One 5K loop for U16, two for Women, three for Men.

<http://quarryroad.org>

Forecast/Conditions: Low of 6F overnight Saturday. Clear on Sunday with temperature rising to a high of 27. Snow is fully transformed (rained on) and will be abrasive.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green. While Base klister is still warm, apply Nordic Klister Blue. For additional kick mix in Nordic Klister Red. Cool outside. Cork smooth. Cover with Nordic GripWax Blue, cork smooth.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Created by Rob Bradlee Toko Tech Team member since 2000.

Check the [WaxTips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.