

WAX RECOMMENDATION



Western Region National Guard Biathlon Pursuit

Casper Mountain Biathlon Complex, Casper, WY

Saturday, January 14

10 A.M. Race Start

12.5K Men & 10K Women

Pursuit format

www.caspermountainbiathlonclub.org

Forecast/Conditions: Overnight low 6F and mostly cloudy. Mostly cloudy and cold on race day with temperature at start around 9F. Several inches of fresh snow earlier in the week. Expect cold sharp snow crystals.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: n/a

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.