

# WAX RECOMMENDATION



## MBSEF Sunnyside Challenge

Mt. Bachelor, Bend, OR

Saturday, January 7

10 A.M.

10K/5K/3K Classic

Interval start

1 - 2 laps

[www.mbsef.org](http://www.mbsef.org)

**Forecast/Conditions:** Overnight low of 10F, chance of snow likely. High of 29 on Saturday, cloudy and a 90 percent chance of snow, 3 - 7 inches possible.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Blue/HF Red, mixed 1:1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Blue, corking between layers. Later start time will probably need to add in some layers of Nordic GripWax Red.

**Structure:** A medium linear structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Created by Colin Mahood, Toko Tech Team member since 2000.

Check the [Wax Tips](http://TokoUS.com) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service