

WAX RECOMMENDATION



Loppet High School Invite

Theo Wirth Park, Minneapolis, MN

Saturday, January 7

9 A.M. 1K x 4 Skate sprint relays

10:30 A.M. 5K Skate

11 A.M. 5K Classic

11:30 A.M. Sprint finals

Forecast/Conditions: Friday evening overnight low of -5F rising to -4F by 9 A.M. Be prepared for delays. Expect wind chill to be -20F but steadily warming throughout the day. Likely the boys' and girls' events will be run on the manmade loop. The skiing platform should be solid, consisting of manmade, aggressive snow.

Glidewax: Apply NF Blue, scrape and brush, then apply LF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. We see very little upside to high school racing using an HF or overlay in these brutal conditions. After skiers have warmed-up, brush out the ski again trailside using a horsehair brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Blue and Base Wax Green, corking between layers. Final layer should be Blue.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool after brushing out the glidewax will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).

Racing - Service