

WAX RECOMMENDATION



Glacier Glide and Pursuit Race

Whitefish Lake Golf Course Nordic Trails, Whitefish, MT

Sunday, January 8

9 A.M. 10K Classic, 10 A.M. 3K Classic

11 A.M. 15K Skate, 1 P.M. 3K Skate

Mass start

<http://glaciernordicclub.com>

Forecast/Conditions: A 40 percent chance of snow overnight with low around 6F and 1-2" snow expected. Temperature at 9 A.M. start around 12, and 15 at 11 A.M. Snow likely on race day.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue, corking between layers. GripWax X-Cold can be used to cover the Blue if snow is colder than expected.

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions. If new snow appears to have significant moisture, add 1-2 passes of the Red Structurite tool.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service