

WAX RECOMMENDATION



Marshall Sprints

Marshall School Ski Trails, Duluth, MN

Saturday, January 21

11 A.M. Sprint Qualifier (top 28 males and 28 females)

2 P.M. Finals. See brackets online

2K, Skate

<http://marshallnordic.org>

Forecast/Conditions: Overnight low of 34, temperature at start 36. Transformed snow. Temperature for later races rising to 40. Expect overcast skies, 37 percent chance of rain.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow/HF Black mixed 1/1, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (180c) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

Structure: A universal grind covered by one pass with Red Structurite Tool then one pass with Yellow Structurite tool before JetStream application will best suit these conditions.

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service