

WAX RECOMMENDATION

TOKO[®]

Gunnar Hagan

Cabin Creek Exit 63, Hwy 90 Snoqualmie Pass, WA

Sunday, January 15

10 A.M.

30K followed by 7.5K, Classic technique

Interval start

3 X 10K loop, 1 X 7.5K loop for short race

<http://www.kongsbergers.org>

Forecast/Conditions: Overnight low of 19 with temperature rising by the start to around 24. A slight chance of snow flurries. High of 31 for the day. Non-transformed old snow that fell most recently four days prior to event. Temperatures have remained cold since.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Red, corking between layers.

Structure: A fine linear or universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Created by David Ford, Toko Tech Team member since 2003.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.